

Group 1: See the signs



What do you think happened?

What were the warning signs that things were about to get out of hand?

Discuss

Have you experienced anything similar?

Group 2: Stepping up



Why did no one step in at first?

What might stop people from getting involved?

Discuss

Have you ever had to step up to help? How did you feel?

Are there things that stop you from stepping up? What can you do to overcome them?

Group 3: When to act



When should someone act?

At what point would you have done something?

Discuss

Have you ever regretted not doing something, or maybe you stepped in too early?

What's the best time to step up?

Group 4: Keeping safer

WHAT COULD YOU DO TO KEEP THINGS SAFER?
THINK OF SAFE WAYS TO RESPOND WITHOUT
PUTTING YOURSELF AT RISK.



What could you do to keep things safer

Think of safe ways to respond without putting yourself at risk.

Discuss

When you do stuff with your mates, do you think about staying safe?

How could you take action but still keep safe yourself?

Group 5: Reassurance



What could you say or do?

How could you support someone who looks uncomfortable or scared

Discuss

Have you had to reassure someone who was worried before?

How did that feel?

Can you think of ways to reassure someone in a moment like this?

Group 6: Being a pal



What does 'being a good pal' mean here?

How can you look out for others, even people you don't know?

Discuss

What ways do good friends help each other, even when it's difficult or the other person doesn't seem to want the help?

How do you balance being friends to your close mates with all the other people in a situation?